

**HEALTH CARE THAT WORKS
AROUND YOUR LIFE**



BORGESS
At Woodbridge Hills



7901 Angling Road
Portage, MI 49024
woodbridge.borgess.com



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HEALTH CARE THAT WORKS AROUND YOUR LIFE

Between work and family and everything else in between, your life is busy enough. The last thing you want to worry about is how far you'll have to drive to help your sick child feel better. Or how you can receive a mammogram and fill a prescription without having to go from one health care facility to another.

Fortunately, we created Borgess at Woodbridge Hills to ease these very concerns.

When you need blood work or your kids need sports physicals or your husband needs an annual health checkup, we can accommodate everyone. As one of the most comprehensive outpatient health facilities in southwest Michigan, Borgess at Woodbridge Hills integrates primary care and specialist physicians with diagnostic, therapeutic, surgical and urgent care services. Best of all, you don't have to travel out of town—because these health care services and more are available close to your home.

Convenient Access to the Latest in Outpatient Surgery

Surgery—just hearing the word can make anyone nervous. But at Borgess at Woodbridge Hills, you can rest assured that your procedure will be performed by a team of experienced specialists. Plus, we'll do everything possible to help you and your loved ones understand what to expect before, during and after your surgery. So you'll feel a little less anxiety and a lot more reassurance.

Borgess at Woodbridge Hills features two state-of-the-art operating suites, as well as two procedure rooms. We are accredited by The Accreditation Association for Ambulatory Health Care, Inc. (AAAHC), as well as licensed by the state as a Freestanding Ambulatory Surgery Center. At our facility, we provide patients with access to a wide variety of outpatient procedures, including plastic, orthopedic, general, gynecologic, laser, gastrointestinal, and ear, nose and throat surgery. To help you recover and return to your life faster, we'll offer you the latest, minimally invasive surgical techniques whenever possible.

Immediate Medical Care, No Appointment Necessary

Feeling under the weather? Don't have an appointment with your primary care doctor? No problem. Our Immediate Medical Care services are available seven days a week, as well as on holidays—no appointment necessary. These services offer immediate relief for individuals requiring treatment for many common medical conditions, including cuts and abrasions, respiratory infections, strep throat, simple fractures, workers' compensation follow-up and more. Because we're staffed by qualified professionals, including three full-time physicians, we'll not only treat you thoroughly, but also see you sooner than the average emergency room.

Hours of Operation

Monday through Friday: 7 a.m. to 10 p.m.

Saturday: 8 a.m. to 8 p.m.

Sunday and Holidays*: 10 a.m. to 6 p.m.

**Closed on Thanksgiving Day and Christmas Day*

Diagnostic and Laboratory Services, Under One Roof

Without a precise diagnosis, we recognize that the best course of treatment cannot be established. That's why Borgess at Woodbridge Hills offers wide-ranging diagnostic imaging services—from x-ray and mammography to ultrasound and 64-slice computed tomography (CT) scanning (coming in 2007). All of these diagnostic tests are available right here, under one roof.

Along with diagnostic imaging, we also assist patients with specialized testing and screening services within our very own laboratory. Accredited by the College of American Pathologists, the U.S. Department of Health and Human Services, and the American Association of Blood Banks, the laboratory at Borgess at Woodbridge Hills provides the full spectrum of services, including pathology, chemistry, hematology, cytology, histology, microbiology and virology.



Healing at Home

Borgess VNA Home Care is now part of Borgess at Woodbridge Hills South. Available 24 hours a day, seven days a week, Borgess VNA Home Care provides a wide range of affordable, private duty support, including nursing and assistance with activities of daily living, personal care, and sitter and companion services. Best of all, everything is delivered within the comfortable surroundings of your own home. In addition to these services, we provide access to personal response systems, automated medication dispensers and other products to maintain independence at home. To preserve the health and wellness of our community, we also offer annual flu and pneumonia immunizations.

Family Medicine Designed for Lifelong Health

Borgess at Woodbridge Hills is proud to offer our patients complete primary care services through ProMed Physicians-Family Practice. In addition to treating illness, ProMed Physicians-Family Practice is dedicated to helping you and your family members stay healthy for a lifetime. Our physicians, physician assistants, nurse practitioners and other skilled caregivers are specialists in the field, and are specifically trained to manage your entire family's health needs. Some of our services include:

- General adult medicine
- Women's health
- Geriatric medicine
- Internal medicine
- Preventative health guidance and education
- Walk-in care clinic (for ProMed patients)
- Nurse helpline—24 hours a day, seven days a week
- Shared medical appointments
- Nutritional counseling
- Mental health
- Diabetes education

Should you require hospitalization, we can also work closely to coordinate your care with the inpatient physicians at Borgess Medical Center or other area hospitals.

Hours of Operation

Monday through Friday: 7 a.m. to 8 p.m.
Saturday: 8 a.m. to 12 p.m.

Walk-in Care Clinic (for ProMed patients)

Monday through Friday: 10 a.m. to 5:30 p.m.

TLC for Your Little Ones

In addition to our family practice, ProMed Physicians-Pediatrics provides comprehensive, compassionate care for your little ones. Our specialists know that as a parent, you want nothing but the best medical attention for your children—whether it's dealing with an illness or taking steps to help them remain healthy.

At Borgess at Woodbridge Hills South, our physicians, nurse practitioners, physician assistants and other skilled caregivers deliver both primary and specialty care services specifically developed with children in mind. Some of these services include:

- Newborn care
- General pediatric care
- Adolescent medicine
- Preventative health care guidance
- Immunizations
- Lactation consultations
- Car seat safety checks
- Nurse helpline—24 hours a day, seven days a week

Hours of Operation

Monday through Friday: 8 a.m. to 5 p.m.



Therapy That's Focused on Optimal Recovery

If physical or occupational therapy is an essential part of your recovery, Borgess at Woodbridge Hills provides one-on-one services in a comfortable and patient-focused setting. Here, our trained and licensed therapists meet the distinct treatment goals of women, men, seniors, athletes and other rehabilitation patients. Our physical and occupational therapy services are designed to speed recovery from hand injuries and trauma; sprains, strains and fractures; arthritis; lymphedema; sports-related injuries; pain associated with pregnancy; carpal tunnel syndrome; osteoporosis; tendonitis; and more.

To help those striving to improve their everyday living skills, we also deliver therapeutic assistance with daily activities, guidance for using adaptive equipment, and workplace injury prevention and rehabilitation. Supporting our patients every step of the way, our primary objective is to help people achieve optimal independence in all facets of their lives.

Our One-Stop Pharmacy

The Woodbridge Pharmacy enables you to quickly and easily check another task off your to-do list—whether you're just leaving your doctor's appointment or stopping by on your lunch break. Our pharmacy features online refill requests (coming soon), delivery service, competitive prices, and access to over-the-counter medications and other retail items. We're also available to answer your questions, as well as transfer prescriptions from other pharmacies.



Hours of Operation

Monday through Friday: 8 a.m. to 8 p.m.
Saturday: 8 a.m. to 12 p.m.

Research: Shaping the Future of Medicine

ProMed Healthcare has a specialized medical Research Division housed within Borgess at Woodbridge Hills. This Division provides a healthy, nurturing environment in which to promote advancements in the science of clinical research, while protecting patient rights. Since 1988, the Research Division has successfully studied an array of conditions, including adolescent obesity, arthritis, attention deficit hyperactivity disorder (ADHD), congestive heart failure, depression, diabetes, gastroesophageal reflux disease (GERD), influenza, migraine headaches, overactive bladder, pneumonia and many others.

Regardless of the study, when you choose to participate in one of our clinical trails, you are not only assisting our researchers in their efforts to develop breakthrough health care treatments, but also helping to shape the future of medicine.

Prevention: Your Best Medicine

We understand that ensuring long-term health demands more than treating illnesses and injuries. It also demands preventing illnesses before they start and injuries before they happen. That's why we regularly offer diverse health and wellness education classes at our facility.

Whether you're interested in joint pain relief, monitoring your blood pressure and cholesterol, managing diabetes or working to quit smoking, we give you the educational resources necessary to accomplish your goals, and most importantly, enrich your life. Plus, as a member of Borgess Health, Borgess at Woodbridge Hills gives you access to many other preventative tools, such as nutritional counseling, and for your workout regimen, a full-service, medically based health and fitness center.

Your Insurance Considerations

For your convenience, Borgess at Woodbridge Hills participates with many insurance providers, including Medicare, Medicaid, preferred provider organizations (PPOs), health maintenance organizations (HMOs) and others.

Contact Us

Our campus is located on approximately 15 acres in the Woodbridge Hills development on Angling Road, just off US-131 in Portage. Plenty of free parking is available. To make an appointment or learn more, please feel free to visit us at woodbridge.borgess.com, or call:



General Information	269.324.8400
Borgess VNA Home Care (<i>South</i>)	269.323.2325 or 1.800.772.3344
Diagnostic and Laboratory Services (<i>North</i>)	269.324.8418
Health Education Classes (The Professionals)	269.226.8135 or 1.800.828.8135
Immediate Medical Care (<i>North</i>)	269.324.8405
Outpatient Surgery (<i>North</i>)	269.324.8406
ProMed Healthcare Research Division (<i>North</i>)	269.324.8524
ProMed Physicians-Family Practice (<i>North</i>)	269.324.8600
ProMed Physicians-Pediatrics (<i>South</i>)	269.329.0944
Physical and Occupational Therapy (<i>South</i>)	269.321.7200
Woodbridge Pharmacy (<i>North</i>)	269.324.8409

