

# Get Your Life and Your Back... Back.

## Discover Chiropractic Medicine

Experts estimate that as many as 80 percent of the population will experience a back problem at some point during their lives. While back or neck pain is an all-too-common condition, you don't have to suffer alone. Borgess Spine offers access to the latest treatments, including chiropractic medicine. For over a century, doctors of chiropractic medicine have helped millions of people find relief from spine-related health problems.

## Attend Our Exclusive Demonstration

If you have back or neck pain, did you know that you don't need a physician referral to see our chiropractor? Want to learn if chiropractic medicine could be an effective treatment for your pain? Please join Dr. Leighia Wells, our board-certified chiropractor, for a special day of demonstration and information.

### When

Wednesday, April 27

Three Sessions: 7:15 a.m., 12:30 p.m., 5:30 p.m.

### Where

Borgess Health & Fitness Center, Classroom 3  
3025 Gull Road, Kalamazoo

### Contact

(269) 552.2225 (option 1) for more information



## Dr. Leighia Wells

Dr. Wells is a member of the American Academy of Spine Physicians, American Chiropractic Association and American Academy of Hospital Chiropractors. She is also the president of the Michigan Association of Chiropractors. Dr. Wells will be available to

discuss your concerns and answer questions.

## About Borgess Spine

Borgess Spine, part of the Borgess Brain & Spine Institute, is a regional center of excellence uniquely designed to help people get their backs—and their lives—back. From treating the simple strain to performing complex spine surgery, we are adept at caring for all types of back and neck problems. For more on our difference, visit [brainspine.borgess.com](http://brainspine.borgess.com).

# Directions to Borgess Health & Fitness Center

## Directions from the North / South

- Take US 131 to the I-94 exit.
- Take Exit 80 off I-94 onto northbound Sprinkle Road.
- Follow Sprinkle Road approximately 4.8 miles to Gull Road traffic light.
- Turn left on Gull Road and travel approximately one mile.
- Borgess Health & Fitness Center, located at 3025 Gull Road, will be on the right side of the road.
- Once you turn into the campus, signage will direct you to the appropriate parking.

## Directions from the East / West

- Take Exit 80 off I-94 onto northbound Sprinkle Road.
- Follow Sprinkle Road approximately 4.8 miles to Gull Road traffic light.
- Turn left on Gull Road.
- Follow Gull Road approximately one mile. Borgess Health & Fitness Center, located at 3025 Gull Road, will be on the right side of the road.
- Once you turn into the campus, signage will direct you the appropriate parking.

**For more information, please call The Professionals at 269.226.8135 or 1.800.828.8135.**

**BORGESS**  
Health &  
Fitness Center

3025 Gull Road  
Kalamazoo, MI 49048

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