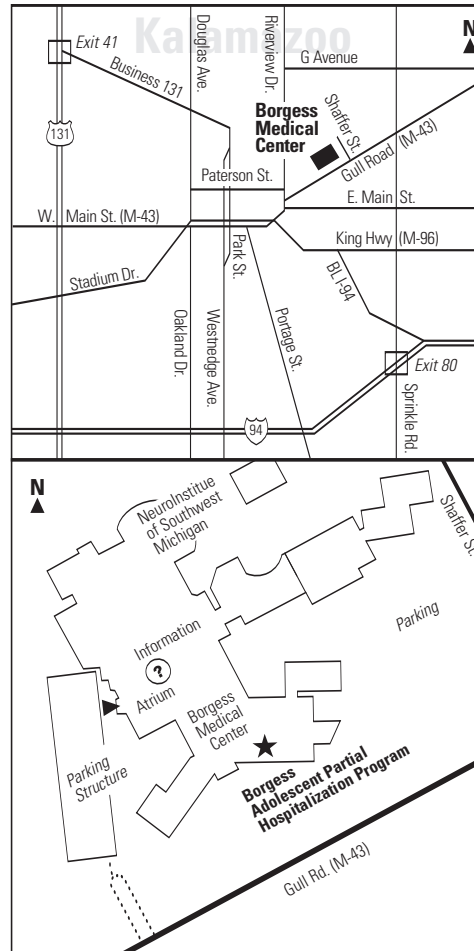


Your Complete Mental Health Service Provider

Borgess Behavioral Health is southwest Michigan's most complete mental health service provider. With more than 30 years of experience, as well as a dedicated and sensitive staff of professionals, Borgess addresses the full spectrum of behavioral health needs in a variety of treatment settings.

To learn more about the Adolescent Partial Hospitalization Program or Borgess Behavioral Health, visit mind.borgess.com.



BORGESS Behavioral Health



Adolescent Partial Hospitalization Program
1521 Gull Road, 3 East
Kalamazoo, MI 49048
269.226.7406
mind.borgess.com



BORGESS
Behavioral Health



Our Program

Borgess Adolescent Partial Hospitalization Program provides intensive, structured clinical services within a therapeutic environment.

Program Hours

The program offers therapeutic activities six hours per day, five days per week. Scheduled therapeutic activity occurs between 9 a.m. and 3 p.m. Extended full-day hours from 8 a.m. to 4:30 p.m. are available as needed to provide individualized services required beyond core treatment activities.

Adolescents We Serve

Our program provides intensive mental health services for adolescents between the ages of 11 and 18, as well as their families. Adolescents admitted into the program typically have one or more of the following problems:

- Depression or mood disorder
- Self-endangering or self-injurious behavior
- Oppositional behavior and conduct problems
- Reaction to traumatic experiences
- Drug or alcohol abuse
- Aggressive behavior

Our Services

We offer the following services:

- Psychiatric evaluations by our own board certified child and adolescent psychiatrist
- Individual, group and family therapy
- Skill-building groups, such as anger management, conflict resolution, stress management, assertiveness, self-esteem and family systems
- Psychological testing
- Medication evaluation
- Nursing care
- Activity therapy

Our Team

Our professional team members are all dedicated behavioral health specialists with a broad range of experience in psychiatry, psychology, social work, nursing and activity therapy. Clinical staff possess a minimum of a master's degree in their field of expertise. Each team member is licensed and/or certified by the State of Michigan.

Inpatient Care

Borgess Behavioral Health also provides inpatient hospitalization services for adolescents. Common signs which may reflect the need for inpatient hospitalization services include one or more of the following:

- Suicidal thoughts and/or gestures with a specific plan
- Adolescent is unable to remain safe with others
- Homicidal thoughts with a plan
- Adolescent is actively aggressive toward others due to emotional difficulties
- Adolescent exhibits psychotic behaviors, such as delusions or hallucinations

Families with adolescents who need inpatient hospitalization services are encouraged to visit the Borgess Level I Emergency & Trauma Center for immediate evaluation. This service is available 24 hours a day, seven days a week.

To Make a Referral

Family members, medical professionals, schools and other mental health agencies can make referrals by scheduling an intake assessment. To schedule an assessment or to discuss our program further, call **269.226.7406**. If you're experiencing an emergency, call **269.226.8000**.