

We Care About Your Privacy

Because we care about your privacy, we will not release medical records or your personal information to anyone without your written permission.

Here for You After Hours

When you choose the Borgess Diabetes Center, you have access to our after-hours helpline. That means when you have a concern or become ill, you'll be able to reach us—whether it's at night, during the weekend or on a holiday. This service is available at no cost to our patients.

Your Insurance Considerations

Office visit charges vary based on the amount of time spent with your health care provider and the type of treatment provided. The Borgess Diabetes Center participates with many insurance plans, including Medicare. While we will bill third-party insurance companies following visits, we expect co-payments at the time of service. For your convenience, we also accept cash, check, MasterCard, Visa and Discover.

We are happy to discuss charges, answer any questions or make payment arrangements as needed.

Transforming the Future of Medicine

Since 1998, the Borgess Diabetes Center has participated in medical research. We are proud and grateful when our patients volunteer to help with the scientific evaluation of new treatment

advancements. If you think you might be interested in becoming part of one of our research studies, talk to your primary health care provider. You can also learn more about how we're transforming the future of medicine at research.borgess.com.

Contact Us

To schedule an individual or shared medical appointment, or learn more about the Borgess Diabetes Center, call **(269) 226.8321**. You can also visit diabetes.borgess.com.

In addition to our expertise in diabetes treatment, Borgess offers residents across the area nationally recognized cardiac, neuro and orthopedic services. For more on these services, call **(800) 828.8135** or go to Borgess.com.



BORGESS

Diabetes Center

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A member of Ascension Health®



BORGESS

Take Charge of Your Diabetes

If you've been recently diagnosed with diabetes, you're not alone. According to the American Diabetes Association, there are 23.6 million people in the U.S.—or 8 percent of the population—who have diabetes. Between 2005 and 2007, the prevalence of diabetes increased by 13.5 percent.

While these statistics seem overwhelming, there's good news in southwest Michigan. By receiving comprehensive diabetes care from Borgess, you can learn to better manage your disease, feel your very best and live a longer, healthier life.



Sharing Provides Added Boost

From shedding extra pounds to exercising to eating right, there's a lot you can do to reduce possible complications and live healthier with diabetes. Sharing your concerns with your caregiver and others diagnosed with diabetes can also give you the added support and motivation needed to better manage your disease.

Embracing this philosophy of sharing, the Borgess Diabetes Center is proud to offer shared medical appointments for our patients. A shared medical appointment allows you to spend time with your provider and other patients with diabetes. The goal of this program is to provide you with appointments more quickly, with more time for questions and concerns, and the best in medical care—all in a relaxed, friendly and informative setting.

A shared medical appointment benefits you by:

- Giving you more time with your health care provider
- Enabling you to receive tips from patients with diabetes or learn from questions others may have that you hadn't thought of before
- Helping you feel less alone by sharing with people who truly understand what you are facing
- Providing you with appointments more quickly

Our Professionals

Michael Valitutto, DO



Dr. Valitutto graduated from the University of Osteopathic Medicine and Health Sciences in Des Moines, Iowa. He completed his internship and residency training in internal medicine at St. John's Hospital in Detroit. He is board certified by the American Osteopathic Board of Internal Medicine. Dr. Valitutto is the Medical Director of the Borgess Diabetes Center and is an NCQA Recognized Physician in diabetes. In addition to his physician practice, he participates in clinical research in diabetes. He is also a national speaker on diabetes to physicians and other health care professionals and is a clinical leader in the development and implementation of inpatient and outpatient diabetes protocols at Borgess.

Joyce Byers, MS, CDE, FNP-BC



Byers received a master's degree in nursing administration from Andrews University in Berrien Springs and a post-master's certificate in the family nurse practitioner program at Michigan State University. A certified diabetes educator (CDE), she served as a diabetes clinical nurse specialist at Borgess Diabetes Center. Byers is a member of the American Association of Diabetes Educators and Michigan Organization of Diabetes Educators.